

Roosevelt Hall of Fame

University of Minnesota, B.A., 1961; M.S.W., 1964

University of Pittsburgh, Ph.D., 1981



Dr. Carol M. Anderson, Ph.D.

Class of 1957

- Developed reputation over a 50-year career as a leading scholar and practitioner of psychiatry and family therapy
- Joined Yale University School of Medicine in 1968 and rose to become the chief psychiatric social worker in its psychiatry department
- Joined the University of Pittsburgh medical school faculty as an associate professor of psychiatry in 1973; promoted to full professor in 1987
- Helped establish a family therapy clinic at the Western Psychiatric and Clinic at the University of Pittsburgh Medical Center
- Created the psychoeducation model for individuals with schizophrenia and their families to help the families play a supportive role in therapy
- Researched barriers to improve access to mental health care for low-income mothers and other individuals
- Served as the president of the American Family Therapy Academy professional society
- Authored numerous publications and books, including *Mastering Resistance: A Practical Guide to Family Therapy*
- Received multiple awards, including being named a “Distinguished Daughter of Pennsylvania” in 1992

Inducted September 17, 2016